

**Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

**Carson City Health and Human Services
Thursday April 28, 2016**

Health Department News

- Partnering Carson Tahoe Hospital and Partnership Carson City to host a Public Health Town Hall meeting as part of Public Health Month (in Carson City we extended Public Health Week to Public Health Month). This is an opportunity for our residents to speak with public figures and public health officials on issues such as access to healthcare and mental/behavioral health services. This meeting also serves as an opportunity to collect input for the next Community Health Needs Assessment that will be published by CCHHS later this year. Facilitators for the event are public figures such as Mayor Bob Crowell, City Manager Nick Marano, County Health Officer Susan Pintar, and CCHHS Director Nicki Aaker who are facilitating discussions on health issues such as access to healthcare, mental/behavioral health services, and chronic disease (heart disease, diabetes and tobacco use) education.
- CCHHS is partnering with Carson Valley Medical Center (Douglas County) and Carson Tahoe Hospital to conduct Community Health Needs Assessments. In Douglas County, a community member survey has been finalized and is being disseminated to community partner organizations for distribution. Informational focus groups are being conducted to capture data from the hard-to-reach, underserved and minority populations.
- CCHHS completed their Public Health Accreditation site visit on February 9 & 10, 2016. Results of our site visit were provided April 4, 2016. We now await our review from the Public Health Accreditation Board which is due to review our health department in May. If selected for accreditation, we will be the first in Nevada to be awarded Public Health Accreditation.

Programming

Diabetes Prevention and Control Program

- Currently no funded program with diabetes: We have had communication with State Program and Marjorie to discuss assisting in education and promotion of toolkit to providers when Tobacco Coordinator is meeting with providers. Marjorie was to put into grant budget, which she stated she has completed. We have not heard back on status of budget and expectations/deliverables for this assignment to assure we are able to complete.

Tobacco Prevention and Control Program

- WNC Tobacco Free Policy work for campus- struggles with developing task force continue and communication. Communication is often not returned and liaison assigned over the last year stated she could no longer assist due to added responsibilities. In February met with Vice President for assistance with barriers, he agreed to take on responsibility of task force. On March 16, 2016 we held Kick Butts/ 1Day Stand Against Tobacco Event on all 3 campuses in 3 counties. Event included clean-up of campus from Tobacco Waste which included 2257 butts from the Carson City Campus. Additionally, we have started a Northern Nevada Community College Tobacco Free Committee group which meets monthly to discuss action plans, events, and share successes and barriers for WNC, TMCC, and Sierra Nevada College. Signage developed for campus towards their “step” phase of Tobacco Free Policy development.
- Nevada Tobacco Quitline/Cessation efforts: Carson Tahoe Regional Medical Center continues to push the use of the customized Electronic Cessation Discharge Instructions created to refer to

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the quitline. These instructions went into effect in October 2015 with a usage rate of 7%. Now in 2016 Jan=58%, Feb=62.5%, and March=53%. Completed a new Draft Template of evidence based Electronic Cessation Discharge Instructions to be presented to providers and hospitals for use as customized electronic instructions. Also will present to Carson Tahoe to replace the current custom instruction we created in October of 2015. Continue to work with providers to encourage use and referral to the quitline, but through informal dialogue have found they struggle with using referral by fax or e-referral due to increase steps and would prefer built into their electronic health record system. Completed training to the TANF Welfare social workers program for referral to the Nevada Tobacco Quitline. Training completed for Fallon/Hawthorne 2/23/16; Elko/Ely 2/26/16; and Carson City 3/3/16. All trainings were done in person at the main location and video to outreach location when needed.

- Completed Provider Guide to Tobacco and Nicotine Billing and completed training to Carson Medical Group and Carson Tahoe Cardiology.
- Completed Education and Training to Carson High School and Douglas High School Health Classes on Tobacco and Nicotine Addiction and Prevention.
- Member of the Nevada State Heart and Stroke Task Force working on strategic goals which directly involve tobacco prevention to affect outcomes of heart and stroke disease, especially in areas of electronic health records and discharge instructions.
- Multi-unit housing efforts: Partnered with WCHD on media campaign demonstrating secondhand smoke movement throughout complex units and affecting others who do not smoke. Media involved TV, Facebook, YouTube, and cable TV. Had many inquiries about smoke-free housing in Carson City to which we were aware of none and had been working on for several months. Continued to make multiple calls to managers, corporations, owners with no response to engage in smoke-policies. Many frustrated residents and informed they could find smoke-free housing in Washoe County. Brought this to the attention of our Board of Supervisors and City Manager for any assistance they could provide. Through continued research we have located some small complexes with smoke-free policies which have no vacancy and long wait lists. We have one large complex of 172 units which has agreed to allow us to survey tenants. Tenant Guide developed and due to post to website in April.
- Nevada Tobacco Prevention Coalition: Continue to participate as Executive Board Member, General Member, Policy Committee Member and Action Committee Member for this statewide coalition

Other Programming Within the Health Department

Women's Health Connection Program

Through Carson City Clinical Services and Douglas County Clinical Services, 53 women have been enrolled and provided services during January – March 2016.

Comprehensive Cancer Control Program

Pap smears and breast exams performed in both our Carson City and Douglas County clinics under Title X funding. When indicated, coloscopies are performed in our Carson City clinic.

Community Health Worker Program

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No program yet – researching hiring a part time CHW under our CSBG grant to work with our housing clients that have medical/social needs. Staff member completed the hybrid online program to become certified to learn about the education of the program and how they could be used in a local health agency. Would like to find ways to have funding in future for Community-Clinical linkages and use of CHW in a full Chronic Disease prevention and health promotion program specific to our priority areas in our community identified in our CHNA and CHIP.

Heart and Stroke Prevention and Control

Tobacco participates on a task force with the State program.

Obesity Prevention and Control

Non funded CDHPH program: Our Safe Routes to School program provides education and events to encourage students to exercise through encouraging riding bikes or walking to school. In March, we had 19 schools participate in Nevada Moves Day.